

Positive

Affirmation Pledge

Our
futureDerby

Here at Learn by Design, we recognise and honour the beauty of diversity. Our differences make the world so beautiful. We want to share our values with you, summarised beautifully by Aliya, a 3-year-old with fantastic values...

[Click to watch](#)

We recommend you sit down somewhere quiet where you can meditate silently for a few minutes and then watch the fabulous video above. After listening to the pledge, we recommend you play it again and repeat alongside it.

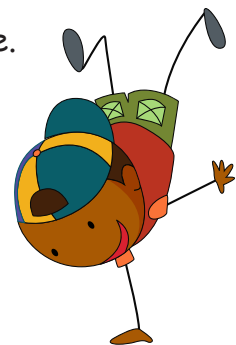
1. Close your eyes and listen
2. Read the pledge with Aliya
3. Make your own Positive Affirmation Pledge

Transcript of Positive Affirmation Pledge



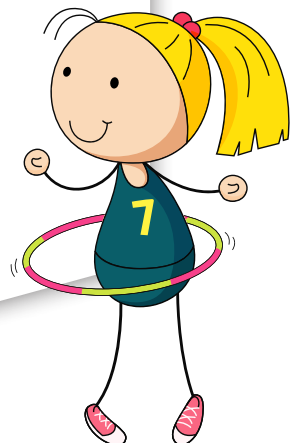
I promise,
to always love, respect and value my worth,
and see that same worth in everyone around me.

I will not allow the colour of our skin,
the texture of our hair,
the sizes of our homes,
the languages we speak,
the way we choose to love,
or the ways we choose to pray, or not pray
ever get in the way of that.



Instead, I will acknowledge and celebrate our differences,
and honour our histories,
so we can all appreciate and honour each other.

I am and will always be, a part of that change.



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Your task:

Can you make your own positive affirmation pledge and draw some images alongside this?

I promise